

Questions frequently asked by school leavers looking for a day service

Q: Where is The Junction Works located?

The Junction Works provides disability support and therapy services across **South West Sydney** from Bankstown and Fairfield in the north, to Camden and Wollondilly in the south.

We also have 15 service centres including eight specialist day service sites across South West Sydney.



Our main service and administration centre is at 135 Thirteenth Avenue, Austral.

Q: How can The Junction Works help me achieve my goals?

At The Junction Works our support services are solution focussed and designed around your needs. Our support is practical and meaningful for you.

We talk to you about the activities and actions needed to support your goals, and then we develop a plan that suits you.

We provide supports in a group or one-to-one depending on the activities that support your goals. After all, many things that are important to learn, such as confidence and socialising, are best done in a group with friends.

Q: Does it cost to attend a Junction Works Day Program?

Your NDIS funded package covers the support costs involved in attending a day service. It doesn't cover personal expenses or the purchase of materials and resources. A minimal fee of \$5 per day is applied to replace materials like equipment in the Teaching Kitchen, garden, performing arts program etc.

Q: Can The Junction Works assist me with transport or travel training?

Our staff are experienced in teaching young men and women how to get around their community. They recognise that sometimes travel training is about supporting the person to become more confident in catching a train or a bus. But at other times it's about learning bus numbers, transport routes and what to do if the bus doesn't turn up or you've caught the wrong train.

We can show you how to use smart phone applications to make your travel

easier and safer too. Some people are not able to catch public transport, or public transport is not available in their area.

If this is the case we can work with you to sort out your transport arrangements whether this be by taxi, community transport or The Junction Works' own mini buses.

We can also help you sort out the best way to use your NDIS transport funding.



Q: Can the Junction Works help me improve my daily living skills and help me become more independent at home?

At The Junction Works we make it our goal to reduce the impact of your disability by building on your strengths and assisting you to learn new skills.

Our Independent Living Skills Program is designed to assist people make the most of their abilities and increase their self-reliance and self-confidence.

Underpinned by the practice of 'active support', our program equips people to make the transition from being dependent on others to being more independent and doing things for themselves.

We are so keen to support people to move to greater independence that we have been raising funds to establish a Living Skills and Respite House to support the intensive learning and practice of independent living skills. This will be constructed in 2017/18.



Q: Can The Junction Works help me to make new friends?

Where would we be without friends? Helping you make new friends or keep in touch with your old friends is important to us.

That's why we provide so many social opportunities, like our camps, discos, social events and our annual 4-day SPARK Festival which attracts over 300 people each year.

We've even helped people reunite with family and friends who live a long way away.

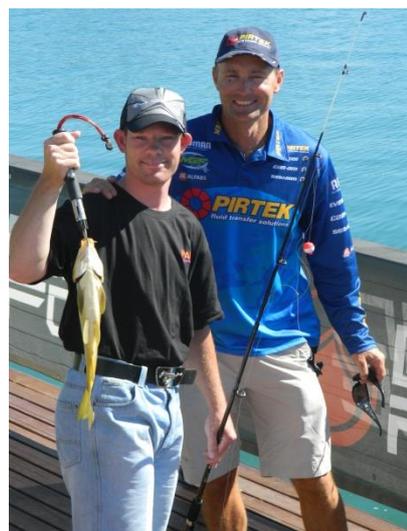


Q: Can The Junction Works help me to be more involved in sport and leisure activities?

At The Junction Works we provide sport and leisure activities that meet the interests of the people we support, like cricket, hip hop, dance, tennis, basketball, horse riding, fishing, photography or the performing arts.

Where possible, we try to match you up with a support worker with similar interests to you.

If you're interested in a competitive sport, we can help you find the right club and support you where you need it. Just don't forget to put this down as one of your goals in your NDIS plan.



Q: Can The Junction Works help me to look after my health?

Living a good life means paying attention to our health and wellbeing. All our day services support a healthy lifestyle through exercise and fitness programs, daily walks, gym attendances and encouraging healthy eating.

We can assist you to book and attend medical and dental appointments, and for more complex needs we call on our Clinical Team for assessment and therapy.

Q: Can The Junction Works help me do more study or get ready for work?

Our Work Ready team can help you prepare for the workforce and find and support you through work experience opportunities.

Our Work Ready team can help you develop a resume, walk you through mock interviews, and support you to develop the general skills you will need on the job; like developing an understanding of work culture and employer expectations, travel training and numeracy and literacy.



The team can also help you decide on appropriate training, and will be there to support you along the way to course completion. Just don't forget to include further education as one of your goals in your NDIS plan

Q: Can The Junction Works help me find a job?

Yes we can. Let us tell you a story.

When Brendan joined The Junction Works' day service a few years ago he didn't dream that one day he would be a valued employee of The Junction Works' Cowpastures Community Garden team, maintaining the lawns and gardens at our Austral Service Centre, and teaching other guys how to maintain gardens and grow vegies.

Brendan began as a volunteer gardener through The Junction Works' Work Ready Program. His work ethic and attitude were so impressive that he was offered a paid position.



We can support you to find a job whether in mainstream or supported employment organisations. Programs within The Works Teaching Kitchen and the Cowpastures Community Garden, as well as other volunteering and work experiences provide people with the opportunity to see what type of employment they might like to move into.

Q: How do I make an appointment to check out The Junction Works?

There are many ways you can make contact with us. You can



phone us on **8777 0500** and talk to one of our Connect Workers



email us at referrals@thejunctionworks.org and we'll get back to you



drop in and see us at 135 Thirteenth Avenue, Austral or



you can make an appointment for us to visit you.

We look forward to talking with you.

In the meantime, check out our Website at <https://www.thejunctionworks.org> and our Facebook page at <https://www.facebook.com/junctionworks>