



Take part in **JUNK FREE JUNE** – you'll be so glad you did!

We all know that we should lead more active lives and choose the healthier options when it comes to food, drink and other lifestyle choices but when it comes down to it, it's hard to put that knowledge into practice, especially on your own.

That's why The Junction Works created JUNK FREE JUNE. It's a great way to start enjoying a healthier, happier life while also helping to raise money to improve the health and wellbeing of young adults with a disability living in Sydney's south west. It's a win-win for everyone involved.

So why not get involved in JUNK FREE JUNE by getting your company, family, friends and colleagues to sponsor you to do something healthy for the month of June e.g. walk three times a week, cycle to work, give up 'fast food', alcohol, cigarettes or chocolate — anything you want. You can also commit to making a small donation to The Junction Works each time you 'fall off the wagon'.

Better still, get them involved too and you can support each other.

And if you are a business owner or manager, it's worth remembering that healthy people are not only happier but more productive too. Getting your company involved in JUNK FREE JUNE is a great way of showing your staff that you care about their wellbeing.

It's a great cause and we'll give every registered participant a FREE stylish JUNK FREE JUNE polo shirt and cap as well as support to help reach your goal.

Help us to raise the bar – the inaugural 2012 JUNK FREE JUNE, with the support of staff, family and friends, raised \$10,000. This year we are aiming to get more people 'Giving up or taking up' something in the month of June.

To get involved visit www.thejunctionworks.org today.



Enjoy a healthier lifestyle while you help The Junction Works to raise money to improve the health and wellbeing of adults with intellectual disability and living in South West Sydney.

JUNK FREE JUNE registration is FREE. Sign up today to receive your FREE stylish polo shirt PLUS a cap and get support to help reach your goal.

To find out how to register online visit www.thejunctionworks.org or call 9606 9628.

Message from the CEO

I am delighted to be able share with you some very exciting news.

As you probably know, The Junction Works is building a new service centre at Austral. It's been a long road since we first started our planning two years ago but just before Christmas, Liverpool City Council finally approved the DA and now things are finally underway.

On Tuesday 12 February, Macquarie Fields MP, Dr Andrew McDonald, turned the first sod at the new site. He has long been a champion of The Junction Works and believes the new service centre will create great opportunities for both young people living with a disability and the local community.

The 1,000 square metres, purpose-built centre will include a quality teaching kitchen for The Junction Works' Catering Program which provides young adults with intellectual disability with practical skills and knowledge about food preparation and service. The building will also provide performance studios to support our creative arts program, an internet café and much-needed support services to the fastest growing area in NSW.

We are now actively seeking support from local businesses and the community to help us to raise funds to purchase the necessary specialist equipment to support the young adults in our Catering Program. Please don't hesitate to contact me if you think you can help.

Last year was a big year for The Junction Works and I am very proud of what we achieved. I know that 2013 will be just as busy and exciting as there is still so much we want to do. I also know that we couldn't achieve what we do without the support of caring people like you so thank you.

Our new target for completion of the first stage of the building process is August. We will keep you up to date with progress and look forward to welcoming you at our new home later this year.

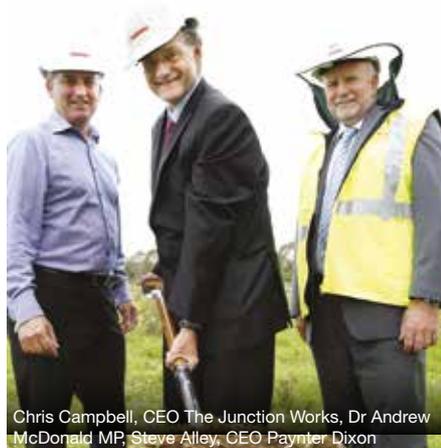


Chris Campbell
Chief Executive Officer



The first sod has been turned

On Tuesday 12 February, after months of planning and approval processes, The Junction Works held a long-awaited ceremony to celebrate the turning of the first sod at the site of the new service centre on Thirteenth Avenue, Austral, in the heart of the South-West Sydney Growth Centre.



Chris Campbell, CEO The Junction Works, Dr Andrew McDonald MP, Steve Alley, CEO Paynter Dixon

Dr Andrew McDonald MP, Member for Macquarie Fields, Shadow Minister for

Health and Shadow Minister for Medical Research did the honours at this milestone occasion. He was joined by local residents, supporters, families, young adults with disabilities and the building contractors, Paynter Dixon.

"This is a very exciting occasion for The Junction Works as we can finally see work begin on our new purpose-built service centre," said CEO Chris Campbell. "We've looked forward to this day for a very long time. It's going to provide a superb new space not only for the clients and staff of The Junction Works but also for the wider south-west Sydney community.

"The centre is designed to provide accessibility and flexibility to enable us to cater for the individual needs and interests of adults with an intellectual disability – now and well into the future."

With a bit of luck and dry weather, the service centre should be on track for an August opening.

For more information contact Chris Campbell on 9606 9628.

It's been busy at Claymore Community Centre

The Junction Works took over the management of Claymore Community Centre in October 2012. Since then, we have been working closely with the local residents and services to increase the opportunities in Claymore.

On Saturday 1 December The Junction Works held an open day – 'Celebrating Claymore' – and the local community joined in the festivities which included a range of fun family activities like a fabulous reptile show, storytelling, snow cones, fairy floss, jumping castle, a delicious barbeque and more.

A range of community organisations also provided information stalls so that residents could find out what's going on in Claymore as well as which support networks and services are available.

In consultation with local residents they made it clear they wanted to see more children's activities so we started the kid's holiday program in January followed by after-school activities and a homework club with the kids in February. These have



been great hits and there will be a variety of school holiday programs during the year.

In February we also offered Fitness Finance, a finance fitness workshop which provided the tools to budget and become debt free and the NEST Program, OzHarvest workshops which showed how to prepare nutritious meals on a budget.

If you're in the area, feel free to drop in to Claymore Community Centre for a coffee or a chat, or just to check out what's going on. It's on the corner of Dobell and Gould Roads, Claymore, and is open from 8.30am to 4.30pm, Monday to Thursday. You can also call the Centre on 4626 2007.

A great day of golf, good company and much more

Celebrities, sports people, business contacts and supporters were amongst the keen golfers who helped make The Junction Works' second charity golf day challenge at Macquarie Links International Golf Club on 2 November 2012 such a huge success.



Members of the Catering Crew

Proudly sponsored by Lindsay Bennelong Developments, the event attracted 100 golfers comprising 25 teams, each competing for the Lindsay Bennelong Challenge Cup. It was eventually — and fittingly — won by 'Team Chief', one of four teams entered by Lindsay Bennelong Developments. 'Team Chief' consisted of Mathew Campbell and the three Tims: Tim Johansen, Tim McCabe and Tim Doyle.

Ian 'Dicko' Dickson also enjoyed the day as the guest of Club Car Australia, and well-known traffic reporter Vic Lorusso was a fantastic master of ceremonies and auctioneer.

McGrath Subaru offered a new Subaru Impreza to the first person to hit a hole-in-one. Unfortunately this time the prize went unclaimed.

Joey Mittiga and Vic Lorusso



Kylie and 'Dicko'

Much luckier were all the people who went home with some fabulous auction and raffle prizes.

CEO Chris Campbell was thrilled by the response from everyone who participated in the day, from the players, guests and volunteers, to The Junction Works' Catering Crew who prepared and served canapés on the course and the incredibly generous sponsors who helped to make the day such a memorable event.

More than \$50,000 was raised from the event. This was a substantial increase on last year's event and is a pleasing indication of the growing awareness of and support for the work that The Junction Works does in the community. The funds raised will go towards equipping The Junction Works' new purpose-built service centre currently being built at Austral.

Coming up soon

We have another busy year coming up with several exciting events planned. As always, your support means a lot to us so please make sure you come along. We'll keep you informed as the dates are confirmed so you can put a note in your diary.

More details are available at www.thejunctionworks.org

Junk Free June 2013

Official launch March

SPARK Creative Arts Festival

Stanwell Tops
22-25 October 2013

Charity Challenge Golf Day

October

Celebration of The Junction Works

November

International Day of People with Disability

3 December 2013

Christmas Disco and Concert

December

Thank you

Thank you to all the wonderful people, donors, sponsors, community organisations, businesses and volunteers who have so generously supported The Junction Works programs, activities and fundraising efforts over the past year.

There are many different ways you have helped us — attending our Golf Day, giving up your own time to volunteer, donating wonderful prizes for a fundraising event, using our Catering Service for your own events and much more — and it all helps us to spread the word about The Junction Works.

Thank you. Your encouragement means so much to all of us at The Junction Works.

“My spirit soared at the concert last night”

(Tom, participant of 2012 SPARK Creative Arts Festival)

Tom’s joyous comment illustrates just why the annual SPARK Festival continues to be such a huge hit amongst clients of The Junction Works.

A leading industry initiative developed by The Junction Works, SPARK is the only creative arts festival in Australia that caters specifically for people with intellectual and complex disabilities.

SPARK was developed in recognition of the fact that many adults with an intellectual disability often experience exclusion from cultural and arts-based activities. Over the three days of the Festival, participants have the opportunity to experience music, dance, visual arts and performance through a series of workshops developed by professional artists and performers from a variety of creative mediums, culminating in a performance and skills presentation by participants on the final night.

The Junction Works took a record number of clients to the 2012 SPARK Festival, held at The Tops Convention Centre last October. They were joined by participants from 11 other service providers across NSW, making it the largest SPARK Festival yet, with 242 festival participants, 90 support workers and over 30 volunteers, including 9 students from Holsworthy High School.



provider or carer. For more information, contact the SPARK Festival Coordinator on 9604 0700 or 9606 9628.



SPARK’s 2012 theme ‘Where the Dragon meets the Serpent’ included a fusion of Asian and Aboriginal-inspired workshops with professional and accomplished community artists and heaps of entertainment, including a performance by all participants on the last day.

This year, SPARK will celebrate its 10th anniversary so the festival promises to be bigger and better than ever.

Since 2004, over 1,500 adults with a disability and 145 artists, performers and arts workers from across NSW have participated in SPARK.

SPARK is open to adults living in New South Wales who have a disability and who are accompanied by a service



YES, I want to help create new possibilities for people

Title: _____ First name: _____ Surname: _____

Address: _____

Suburb: _____ State: _____ Postcode: _____

Telephone: (w) _____ Telephone: (h) _____

Mobile: _____ Email: _____

Please complete all sections that apply

Frequency of donation Monthly One off (please tick your preferred option)

Please charge \$ _____ to my credit card OR my cheque is enclosed for \$ _____ (payable to The Junction Works)

Credit card:  

Card number:

Expiry date: CVV:

Cardholder name: _____

Signature: _____

All donations over \$2 are tax deductible and a receipt will be sent promptly. The Junction Works follows National Privacy Principles. Should you wish to be removed from our mailing list, please contact us on 02 9606 9628 or email info@thejunctionworks.org



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